

Creating Confidence Course

Transform Your Self Image Through Fearless Public Speaking and Personal Interaction

Build a more solid self-image by developing practical skills and changing underlying belief systems which are not serving you.

This program helps you create the confidence to meet new people and interact on a business and social level as well as to stand in front of a group of people and speak...naturally, powerfully and without fear.



Starts Tuesday January 5, 2010.
One night per week for eight weeks

Only 20 seats available

Register before December 1 save \$200.00
\$599.00

Register Now at
www.lowellworkshops.com
(613)-295-2413
Location TBD



Through Fearless Public Speaking and Personal Interaction

- *Make an unforgettable first impression.*
- *Become a dynamic speaker both one-on-one and to an audience.*
- *Identify limiting beliefs that are holding you back and replace them with an empowering new belief system.*
- *Develop advanced listening skills.*

The Creating Confidence Course

Presented by



Creating Confidence Course



- How many business opportunities have passed you by?
- How many times have you watched someone else get that raise, that promotion or that contract?
- How many times have you been afraid to speak up, ask a question, answer a question or provide your opinion?

When do you think it might be a good time to change all of this?

The Creating Confidence Course will help you:

- Give speeches, presentations and interviews like a pro, even with no preparation at all.
- Have the confidence to go anywhere at any time and initiate contact with or respond to anybody.
- Remember peoples' names after the very first meeting.
- Be dynamic and express yourself with emotion.
- Tell a story that captures and holds attention.
- Express ideas from your mind and heart in a way which will impress others so that they can see your true value.



Why is it that most personal development and public speaking courses cost so much? Making it impossible for you to afford to take them!

Why should these skills be unavailable to you just because you are on a budget?

Lowell Workshops has an offer that will make it easier on the pocket book and make this course more accessible to everyone.

The next session begins Tuesday January 5, 2010.

**Register before December 1
save \$200.00
\$599.00**

- Register between December 2 and December 14: \$699 (save \$100)
- Register after December 15: \$799

A \$100 non refundable deposit is required to secure your registration at the discounted price. The \$100 deposit counts towards your tuition.

Only 20 seats available

**Register Now at
www.lowellworkshops.com
(613)-295-2413
Location TBD**